source: euronews SCI-TECH science **Pushing the limits of the body**

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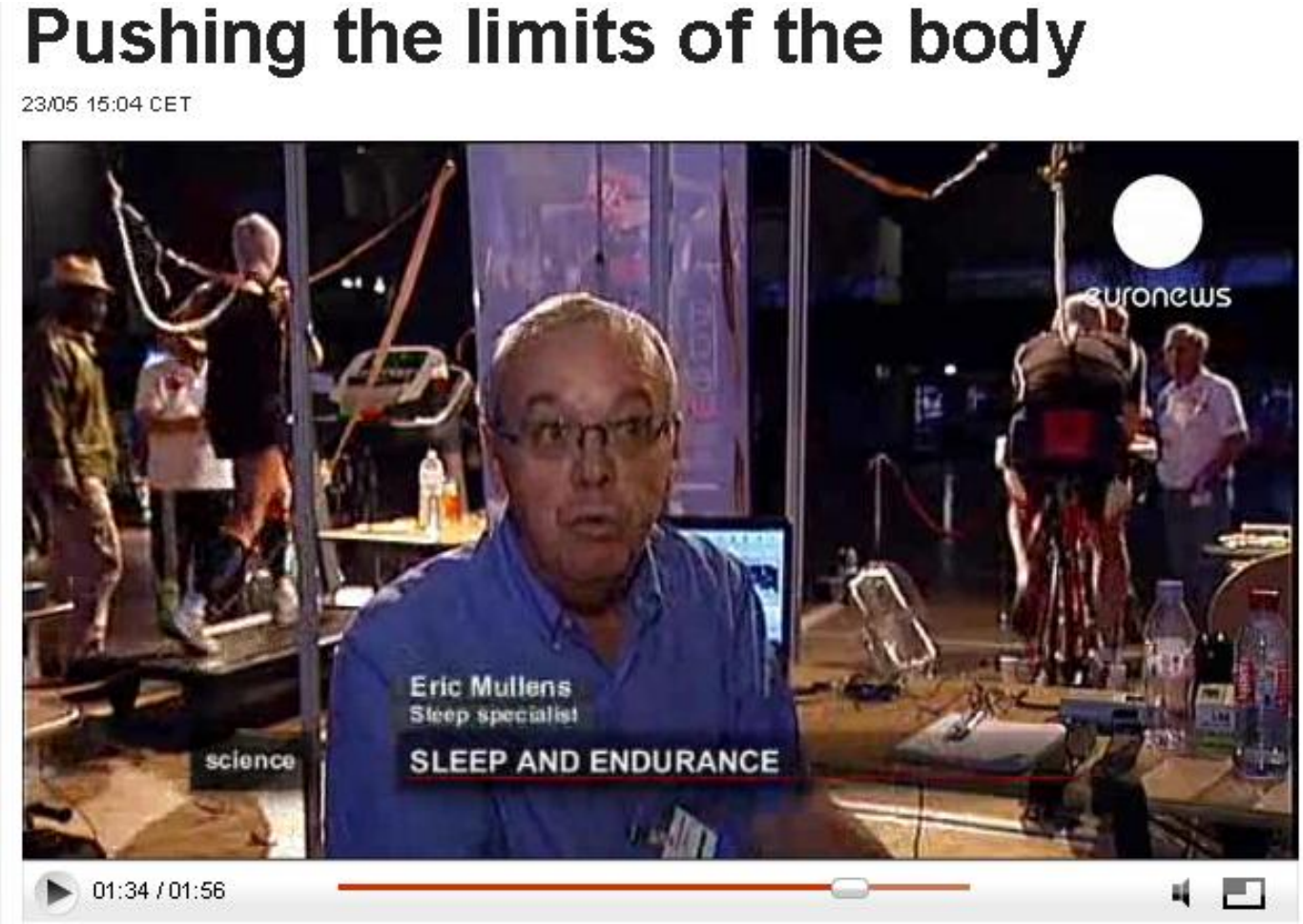

Just how far can the human body be pushed in the name of sport? Well, a pretty long way, as was proved in a recent experiment in France. For six days and six nights two athletes ran and rode virtually non-stop.

Extreme distance runner Michael Micaletti even set a new world record – he ran 822.31 kilometres. But how did he cope, both physically and mentally?

More about: Health , Sleeplessness , Sport

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